HOW CAN YOU HELP THE ENVIRONMENT Page 1

It is not for profit or gain but as an act of faith and love of God that we accept the guardianship of all that is living and dead, all the creatures of land and sea and air, to God’s honor and glory.

Conserve water when you brush your teeth. Turn off water when brushing and on when rinsing.

Install Environment Flush toilets (Uses less water to flush).

Try to buy products in glass, paper, cardboard or metal containers.

Shop with Green Bags or cloth canvas bags for hauling grocery items. Use Paper Bags not plastic.

Don’t use plastic straws. Carry your own reusable straws and left over take home containers..

Encourage your regular restaurant not to use plastic straws.

Recycle everything: paper, metal, glass and plastic. Recycle electronic items.

 Kane County has a Green Guide for recycling most recyclable items. 630.208.3841 Does your County?

Gather yard waste in paper bags. No burning of leaves or other things.

Don’t throw anything into water when boating or fishing.

When hunting or hiking, carry discards with you to place in trash cans.

Carry bags in your car, while walking and jogging and deposit food and drink items properly.

Do not put household chemicals or hazardous waste in garbage collection.

Use non-toxic cleaning products (vinegar, baking soda, etc.)

Discard no longer needed medication at designated places (Police stations or Drug stores).

Drive or replace your used car for an electric or hybrid car. (My Prius gets 61 MPG)

Eat vegetarian when you can.

Use a rain barrel to recycle rain water. Use compost bin, or compost pile.

Remove plastic bags from cereal boxes and other packaging with plastic and deposit in proper place.

Turn off lights and TV’s when leaving a room. Use LED bulbs in all electric lights fixtures.

Plant trees where you can with pruning and clean up. Support tree planting organizations.

Grow a nature garden to attract pollinators.

Contact your State and Federal Representative about your environmental concerns. Page 2

Generously support and vote for environmental candidates.

Reuse by washing plastic zip bags.

Support or serve on the WPPC – Wildflower Preservation Propagation Committee.

Support McHenry Co. Conservation District or Citizens for Conservation where you live.

Create your own vegetable garden and share your surplus.

Do not use paper plates, etc. use washable plates and eating utensils.

Buy products with minimal packaging. Buy local whenever possible.

Print on both sides of your paper and recycle used computer paper for scratch notes.

Consolidate shopping at several stores by doing it all in one trip.

Wash laundry whenever possible in cold water, and use full loads in dishwasher and laundry.

Use air conditioner as little as possible, or install ceiling fans. They should run counter clockwise in the summer and clockwise in the winter. Use free standing fans in room where you most regularly reside.

Don’t throw out leftovers, make soup.

Encourage restaurants to offer paper or other non-plastic straws.

Bring your own take out containers when eating out.

Lower your house temperatures when not home.

Keep house temperatures at minimal temperatures. Wear warm clothes in lower temperatures.

Subscribe to magazines that help you learn about the environment. Green Peace, Arbor Day, Sierra Club. Etc. Share them with others by having a location in your church so others can read them.

Vote your faith! Encourage green candidates that are concerned about the environment.

Recycle newspapers and magazines and share them with others.

Borrow books from your local library instead of purchasing books.

Encourage your city to use Choice Electricity (Wind power only)

Participate with groups interested in saving the environment.

Contact by E-mail or letter your State and Federal Representative and Governor about your concern for the environment.

Contact proper organizations when discarding hazardous materials (Green Guide). Page 3

Are there Recycling and Safe Disposal information in your City or County?

Separate your trash into recycle and non-recycle containers.

After eye exam, keep the same plastic of metal frames and only replace the improved lenses.

When replacing your roof tiles consider installing solar panels at the same time.

Encourage your town council to switch to wind electricity and LED city lights.

One of us has been a vegetarian since 1960

Our thermostat dips automatically below 50 degrees at night. Adjust yours to your own comfort.

Bring bags of paper to church for recycling.

Find the closest Styrofoam center and recycle yours there.

Tell restaurant managers why you won’t use plastic straws.

You can purchase collapsible, reusable straws on the web.

Double side as many papers as you can on your printer.

Reusable produce bags are available at NetZero for a good deal.

Use reusable water bottles, bring yours from home.

Numbers acceptable for recycling on bottom of plastic bottles: 1, 2, 3, 4, 5, 7.

Carry doggy bag containers in auto for eating out in restaurant.

Carry trash bags in your auto and while bicycling and walking for proper disposal.

Replace your gas guzzling auto with E cars saving gas by 80-90 %.

Wind electricity in our house thanks to our City Council.

Electric tankless water heaters are available.

Decline plastic bags and carry out items by hand when you forget your cloth bags in car.

Try to buy locally when possible.

Try to purchase products without excess packaging. Use bar soap, even shampoo is available in places.

Grow your own food and can or freeze for winter.

Use appliances that are star rated and all LED bulbs. Page 4

Com Ed offers free energy audits and will replace all inefficient light bulbs and install low flow shower heads for free.

Keep house temperatures at 68 in winter. Run your dishwasher only at night.

Take plastic ware home from events and wash and reuse.

Compost kitchen and yard waste.

Groot Industries publishes a Do/Do not Recycling Guide : <http://www.groot.com/> 1-800-244-1977.

Donate used items to charity and try to find second use of anything that might be thrown away.

Don’t use phosphate fertilizer as run off goes to Fox River.

Remove invasive plants from your property, plant native plants for pollenators.

Volunteer for McHenry County DNR as plant monitor in woods near your home.

Help gather native seeds to use to support our prairies and woods.

If you have central air, close air vents in rooms you are not using.

Please, regularly call or Gmail you Senators, Representatives and State officials of your concerns.

Pick up plastic for proper discard so it doesn’t hurt wildlife.

Use A/C only when necessary. Have a smart Thermostat installed to save energy.

Save plastic bags for yard club to make mats for homeless folks.

For gardening plant perennials and annuals.

Do not dispose of used motor oil, caustic materials or medications in water drains.

Make investments in Green Energy (wind, water bio fuels) for the environment.

Invest in ethical companies for the good of workers and all people.

Donate to resale shops: Restore(Habitate for HumanityResale Store) Good Will.

Four members of the Social Action Advocates attended “Faith in Place” Green Team Summit at Field Museum on Sept. 14. 2019.

Four church members rallied with High School students on behalf of the Invironment at Fountain Park, Carol Stream Friday, September 20, 2019.

Some church members participated in downtown Chicago rally’s for environment.

CONGREGATIONAL CHURCH OF ALGONQUIN UCC GOING GREEN Page 5

Free energy audit by Com Ed. We have installed LED lights in all fixtures.

Insulated the Sanctuary and installing new windows in the parsonage.

 We support green charitable giving. We do green education among all ages.

We recycle newsletters and bulletin after use. We use scrap paper for writing messages.

. We’ve planted trees, cleaned up neighborhoods and the river.

We have a recycling center in our coat room at church. Volunteers pick up the items and take them to recycling centers: paper, pop tabs, small batteries, small electronic devices, cell phones, glass, plastics, light bulbs, aluminum, eye glasses (donated through the Lion’s Club) envelopes (we use the free envelopes that people get in the mail for inter-office tithes and donations).

Volunteers pick up soon-to-be-expired meat at several grocery stores and deliver it to the Lake in the Hills Food Pantry.

Volunteers deliver Styrofoam brought to church to a nearby Styrofoam recycle center.

Monthly, we sell of FAIR TRADE COFFEE, TEA and other FAIR TRADE PRODUCTS.

Our youth sell one-time-use knives, forks and spoons made of wood, net recyclable vegetable bags. We also are using white plastic garbage bags that are suppose to disintegrate in dumps in 5 years.

We use ceramic cups and sauces and real flatware to serve refreshments at our coffee hour on Sundays and for various meeting during the week.

We use our building 7 days a week. We offer its use free to any non-profit organization groups that need a place to meet: Boy Scout groups, Smokers Anonymous, Narcotics Anonymous, tutoring, etc.

We donate used clothes and household items through our Heaven Attic Resale Shop. Unsalable clothing is donated to a recycle fabric place. Proceeds go to non-profit organizations.

CODE WORDS FOR IDENIFYING HOUSEHOLD HAZARDOUS WASTE

An article published in the Daily Herald Newspaper submitted by Solid Waste Agency of Northern Cook and Kane County Recycling.

Code Words: caution, corrosive, danger, flammable, poison, reactive, signals, toxic, warning.

 If you see any of these words on the label, you’re dealing with hazardous waste material.

 Store away from children and pets and dispose through proper channels.

REUSE RE-USE RECYCLE